

Conference Programme 8 -11 May 2023

Monday 8th May - Meet and Greet

5:30pm - 8:30pm	Welcome Drinks/Canapes Art Competition 'People's Choice' Judging	U3A Rockhampton and Rockhampton Mayor Tony Williams (at RMOA)
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Tuesday 9th May - Network Conference Day 1

8:00	Registration	
9:00	Welcome to Delegates	U3A Network Qld and U3A Rockhampton
9:10	Welcome to Rockhampton and CQU	CQU Vice Chancellor
9:30	"U3A in the Beginning and our Future" and "U3A Today"	Professor Francois Vellas and Professor Maria Chester - IAUTA
10:15	"U3A arrives in Australia"	Cliff Picton - Co-founder of U3A in Australia
10:30	Morning Tea	
11:15	"Early History of U3A Network Queensland"	Jim Hales - U3A Sunshine Coast
11:35	"Where is Medical Research taking us?"	Claire BLAKE - (QIMR) Berghofer Medical Research
12:10	"Australian Bush Poetry"	Bob Pacey - Bush Poet
12:20	Lunch	
1:45	"Future Technologies and the Third Age?"	Michael Cowling - Associate Professor CQUniversity Brisbane
2:15	"Our Future in Energy"	Dr Anthony Lynham - Associate Professor University of Queensland Medical School
2:45	"U3A Alliance Australia (U3AAA)"	Glen Wall - Chair U3A Alliance Australia
3:15	Afternoon Tea	
	Inter-U3A socialising, Guided CQU Art tours, Rocky U3A Activities, Exhibitor displays and talks.	
6:00pm	50th Anniversary Celebration Dinner	Rockhampton Leagues Club

Wednesday 10th May - Network Conference Day 2

8:30	Welcome to Conference Day 2	U3A Rockhampton
8:40	"Age Friendly Communities"	Colin Maddocks - Advocate and Robert Tickner - Co-Chair - EveryAGE Counts
9:10	"Becoming digitally savvy, cyber safety aware and confident online"	Keir Tierney - nbn Community Ambassador Queensland
9:50	Drawing of the 'Early Bird' Registration Prize	
10:00	Morning Tea	
10:45	"Spare Parts for the Human Body"	Josephine Reoch - Organ Donation Specialist Nurse
11:25	"Social Media impacts on the Third Age?"	Ritesh Chugh - Associate Professor CQUniversity Melbourne
12:10	"Australian Bush Poetry"	Bob Pacey - Bush Poet
12:30	Lunch - with entertainment by the U3A Rockhampton Ukelele Group	
1:45	"Continuous Learning and the positive effects on the Brain"	Dr Eddy Roccati - Wicking Dementia Centre University of Tasmania
2:30	"Can you teach an old dog new Behaviours"	Dr Amanda Rebar - Associate Professor CQU Rockhampton
3:15	Afternoon Tea	
	Inter-U3A socialising, Guided CQU Art tours, Rocky U3A Activities, Exhibitor displays and talks.	
6:00pm	Conference Dinner and Network Art Competition Presentation / Winners Announcement - Rockhampton Leagues Club	

Thursday 11th May - U3A Network Conference Day 3

8:30	Welcome to Conference Day 3	Network President Rhonda Weston AM
8:45	President's Report and Network AGM	
9:30	"Software to assist U3As manage their Organisation"	Clair Beck - Client Support Manager Member Wizard
10:00	Morning Tea	
11:00	"Making the most of free or low cost Software in Managing a U3A"	Steve Felix - Treasurer and IT Support U3A Gladstone
11:45	Announcement 2024 Conference Host / Conference Round up and Official Farewell	
12:15	Lunch	

[Download a 2-page print version of the programme here](#)